Lip Rejuvenation

Q. What are lip enhancements?

A. Lip rejuvenation is the term for the techniques used to enhance the lips and area surrounding the mouth. The most common method to enhance the lips and add volume to lacking areas is with injectable fillers. Restylane® and Perlane® are commonly used, but Juvéderm® is one of the most popular fillers for lip enhancement as it tends to last the longest.

Q. Who is a good candidate for lip rejuvenation?

A. Individuals who have lost fullness in their lips and area surrounding the mouth may be good candidates for lip enhancement. Individuals in their mid-thirties often see signs of aging that result from a lack of volume and more wrinkles, all of which may affect the shape of the mouth.

Q. What will lip enhancements correct?

A. Lip enhancements will fill wrinkles or vertical lines that occur along the lip borders due to loss of volume and aging. This will minimize lipstick bleeding into these fine lines along the lip borders. As the skin loses its elasticity it may sag and cause the corners of the mouth to turn downwards. Fillers will add volume to the area so that the mouth returns to a more pleasing shape and the lips achieve a shapelier appearance.

Q. What can I do to achieve optimal results?

A. Consult with your MyLooks® plastic surgeon to see what is best for your situation. MyLooks® surgeons recommend achieving your ideal weight, recommend that smokers quit smoking and patients have a light to moderate level of physical exercise to achieve optimal results.

Q. What is the recovery period like?

A. Injectable fillers such as Perlane®, Restylane® and Juvéderm® require little to no recovery time. Patients often return to work and other normal activity immediately afterward. The area may be slightly red and tingly for a few hours following, and there may be a slight swelling around the treated area.

Q. Is there much scarring involved?

A. The needle used for the injectable fillers is small and leaves no trace of an insertion. There is no scarring involved if patients choose an injectable filler to enhance their lips and mouth area.

Q. Is this procedure common?

A. The American Society for Plastic Surgery reports a total of 25,144 lip augmentation procedures in 2012. While this number also includes certain surgical procedures, the majority of procedures reported were injectables.