

# Botox®

## Q. How long does Botox® normally last?

A. Botox® injections temporarily last for 4-6 months on average, depending on the patient. It is advised by most cosmetic practitioners to get at least three treatments for optimal results, and touchups are usually required after six months.

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## Q. What happens when the injections wear off?

A. Your skin will slowly begin to show signs of wrinkles as the Botox® injections wear off. The wrinkles will not be as obvious as they were originally, but it will be apparent enough that you will want another injection. The average person will get up to four Botox® injections a year.

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## Q. What is recovery like?

A. There is little to no time involved in recovery with Botox® injections. Most often, individuals are able to return to their work or normal routine immediately afterward.

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## Q. What is the difference between Botox® and Dermal Fillers?

A. Botox® relaxes the facial muscles by targeting the muscles below the tissue layer of skin. Botox® injections “freeze” the muscles to keep them from drooping or sagging. As individuals age, the muscles and skin lose their elasticity. These injections target the muscles to keep them from sagging more. Dermal fillers smooth and fill existing wrinkles and fine lines to restore the skin to its fullness and volume. Botox® is a preventative measure against wrinkles, whereas fillers are a way to deal with existing wrinkles and furrows.

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## Q. Where can I have Botox® injections?

A. The most common areas to receive Botox® injections include the forehead, between the eyebrows (the glabella) and around the eyes (crow's feet). It can also be injected in other areas but this is best discussed with your MyLooks® physician.