Dr. Darryl J. Blinski began his surgical career over 35 years ago and is an acknowledged expert in all types of plastic surgery. He began his career as a pediatric plastic surgeon in Miami for babies and children, and today is known as one of the Best Plastic Surgeons in South Florida.

Dr. Darryl J. Blinski is well known for his attention to detail in the plastic surgery field. He is considered an educational leader and an innovator in the industry as he uses enhanced, cutting edge techniques that result in a more natural appearance. He is recognized for his skill and expertise in the “South Florida Tummy Tuck” and was one of the first surgeons to bring liposuction to South Florida.

Dr. Darryl J. Blinski was named one of the RealSelf® 100 Doctors in 2013 presented to doctors who use the power of social media to connect and share their insights with consumers. As a socially engaged media expert, Dr. Darryl J. Blinski was recognized for his patience and time dedicated to respond to patient questions and patient feedback.

A board certified physician and member of several prestigious organizations in the industry, Dr. Darryl J. Blinski is also the MyLooks® U.S. Medical Director. In this role he will assume responsibility of all clinic initiatives and proactively promote elite medical care through leadership interaction among clinic staff and the MyLooks® network of physicians.
Q&A WITH DR. DARRYL J. BLINSKI
MyLooks® Miami

What inspired you to become a plastic surgeon?
I like to fix things and make things beautiful and work with my hands. A relative of mine was a tailor and when I was little I wanted to become one. But as my father was a pediatrician, I decided to become a pediatric plastic surgeon working with babies. Their mothers saw what I could do for their children and then began asking me if I could help them, too!

What is your philosophy on plastic surgery?
First, do no harm. Second, help people improve their appearance. Being a plastic surgeon is actually a true privilege and calling.

What should patients look for in a plastic surgeon?
Look for a Board Certified and experienced doctor with a very good reputation within the community. People should talk with patients of that doctor to see what their experiences and results were like.

What can a patient expect in terms of a natural look after having a cosmetic procedure?
I guide people to set realistic expectations but people should absolutely be able to expect a very natural-looking appearance after fully recovering from surgery. I always try to give a patient what she or he wants, within reason.

How should a patient prepare for an upcoming procedure?
Whatever they do, patients should follow the doctor’s instructions to the letter. They should make sure to write down and ask any questions they have. They should lose weight in a healthy way and be in the best of health before scheduling a surgical procedure.

What is your personal approach to patient care?
I make myself available 24/7 to my patients for emergencies, so I give them my personal cell phone number.

What sets you apart from other plastic surgeons?
I personally have more than 35 years of experience in plastic surgery and I am always learning the newest, cutting edge techniques and procedures in plastic surgery. There have been so many advances in recent years; doctors need to stay current so they can create the very best results available today.

Have you personally ever had a procedure of any kind?
Yes, actually I have. I have had some skin cancer removed from my cheek but also a hair transplant, a chin implant and work done on my eyes.

Do you ever work with patients seeking help due to undesirable results from other technologies?
Yes, all the time. These patients call me “Dr. Fix-It” and I probably see at least 5 such patients a month on average. I help them as much as I can to correct what was done previously.

What are some common questions you get from patients considering a procedure?
Questions I hear a lot include: “Will it be safe?” and “Will you do a good job on me?” So I emphasize that I treat each person and their concerns individually and deliver only the best results possible.

Are there any other issues you would like to address or questions you would like to answer about plastic surgery?
People should have a personal consultation with a doctor who specializes in what they are looking for. MyLooks® doctors offer complimentary consultations – take advantage of them!